Swim Safety

•Never rely on toys such as inner tubes and water wings to stay afloat.

•Don't take chances by overestimating your swimming skills.

•Swim only in designated swimming areas.

•Never swim alone.

•Never dive into lakes and rivers. Every year in diving accidents more than 8,000 people suffer paralyzing spinal cord injuries and another 5,000 die before they reach the hospital.

•Remember, it only takes a few seconds for a small child to wander away, so please watch your children at all times.

•More than half of all the people that drown have consumed alcohol prior to their accident, so don't drink alcohol if you're planning to have fun in or on the water.

Boating Safety

•Put on your life jacket and leave your alcohol behind.

•Check your boat for all required safety equipment.

•Take a safe boating course.

•Check the weather forecast.

•File a float plan with a friend.

•Check your electrical system and fuel system for gas fumes.

•Follow manufacturer's suggested procedures before starting up.

•Carry a navigation chart and know your waterway.

•Follow the navigation rules of the road, buoys and other aids.

•Be a safe boater; always post a sharp lookout.