The Cross Timbers Hiking Trail begins in Juniper Point recreation area and winds west approximately 15 miles along the southern shoreline through Cedar Bayou, Rock Creek, and Paw Paw Creek Resorts. The first half of the trail has several elevation changes and past Rock Creek it levels out with more sparse tree cover. The trail is well marked and miles posts have been erected for reference. Expect a moderate degree of difficulty from the trail, as it is suited for weekend adventures and conditioning for extended trips.

**Accommodations**
If you wish to camp along the trail keep in mind there are wilderness camps scattered throughout but you must carry in your supplies (water, food, firewood, etc.). If you’re not up for roughing it in the woods there are also recreational areas that provide running water and bath-houses.

**Precautions**
Water is not available along the trail except in developed parks. If you plan to camp in one of the primitive areas it would be advisable to carry enough for your needs. Also the area of which you will be hiking is inhabited by several forms of wildlife including copperheads and rattlesnakes. Exercise good caution to prevent any unwanted meetings. Ticks, mosquitoes, and chiggers are fairly common during summer months. Therefore a good brand of insect repellent would be advisable.

Please remember to leave the trail as you found it. The trail was designed for hiking. Motor vehicles are prohibited. Obey restrictions and report any violations to a ranger.

**ACKNOWLEDGEMENTS**
The Cross Timbers Hiking Trail was built by the Corps of Engineers in 1969. Between 1969 and 1975 the trail was maintained by the local Scout groups, Dallas Chapter of the Sierra Club, Texoma Outdoor Club, and the Corps. During the winter of 1975-76 the trail was remarked, the wilderness camps established, and a name chosen. For their support and maintenance efforts, the Corps of Engineers is grateful.

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